

STOP

VIOLENCE AGAINST WOMEN & CHILDREN

**TAKING ACTION TODAY TO SECURE
A SAFER TOMORROW FOR ALL!**



CONTACT US AT 2 DURBAN PLACE, DBN CENTRAL
031 365 1300 | IFP.ORG.ZA | [@IFPINPARLIAMENT](https://twitter.com/IFPINPARLIAMENT)

WHERE TO GO FOR HELP

If you are in immediate danger call 10111

If you know or suspect that someone is being abused, report it anonymously
call SAPS Crime Stop - 08600 10111

or SMS Crime Line - 32211

The Gender Based Violence Command Centre

call 0800 428428 / 0800 GBV GBV

send a "please call me" to *120*7867#

or SMS 'help' to 31531

STOP Gender Based Violence Helpline 0800 150 150

Childline 0800 055 555

South African National Council for Child Welfare 074 080 8315

Elderly People Helpline 0800 003 081

FAMSA - The Family and Marriage Society of South Africa 031 202 8987

Tears Foundation for counselling in cases of domestic violence

send a free SMS to *134*7355#

AIDS Helpline - 0800 012 322

or send a "please call me"

Vodacom: 1400833231023#

MTN: 1210833231023#

Cell C: 1110833231023#

National Human Trafficking Hotline 0800 222 777

The Legal Aid Advice Line 0800 110 110

Thuthuzela Care Centres can be accessed at -

Edendale Hospital

Madadeni Hospital

Ngwelezana Hospital

Port Shepstone Regional Hospital

Prince Mshiyeni Hospital

Mahatma Gandhi Memorial Hospital

RK Khan Hospital

Stanger Provincial Hospital

WRITING AN AFFIDAVIT



We know that going to the police feels like a big step.
But it can save your life or the life of someone you love.

You'll be asked to give an affidavit. This is not hard - just follow these simple steps

I, (name) _____, ID number _____, declare the
following:

Explain what happened, when it happened, and who was involved.

If you fear something happening to you, say so.

Mention anything you think the police should know.

It can be as detailed as you like.

REMEMBER: You can ask the SAPS officer to write for you.

They will help you put your thoughts on paper.

You will be asked to sign your affidavit with your full name and surname.



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YEKE LANI

UDLAME OLUBHEKISWE KWABESIFAZANE NEZINGANE

SITHATHA ISINYATHELO NAMHLANJE
ESIYISENZO
SOKUPHEPHISA IKUSASA ELIVIKELEKILE
LAWO WONKE UMUNTU



XHUMANA NATHI: 2 DURBAN PLACE, DBN CENTRAL
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UNGAYA KUPHI UKUTHOLA USIZO

Nxa usengozini ephuthumayo

Shayela ku - 10111

Nxa unolwazi noma unezinsolo mayelana nomuntu ohlukunyezwayo, kubike lokhu njengomuntu ongaziwa

Shayela amaPhoyisa (SAPS) Okuvimbela Ubugebengu ku - 08600 10111 noma thumela umqhafazo kulayini Wobugebengu ku - 32211

Isikhungo Sokulawula Udlame Olwesekwe Ngokobulili shayela ku - 0800 428428 / 0800 GBV GBV

thumela umqhafazo ka "ngicela ungifonele" ku - *120*7867# noma i-SMS ku - 'usizo' ku - 31531

Yekelani Udlame Olubhekiswe Kwabesifazane Nezingane ku - 0800 055 555

Ulayini ngezingane ku - 0800 055 555

Umkhandlu weZenhlalakahle Yezingane kaZwelonke eNingizimu Afrika ku - 074 080 8315

Ulayini woSizo lwaBantu Asebekhulile ku - 0800 003 081

FAMSA - Umndeni kanye noMphakathi ngeNhlalo yoMshado eNingizimu Afrika ku - 031 202 8987 Tears Foundation - isisekelo sokweluleka emacaleni mayelana nodlame lwasekhaya

thumela umqhafazo wamahhala ku - *134*7355#

Ulayini wosizo mayelana NENGCU LAZI ku - 0800 012 322

Noma thumela umqhafazo ka "ngicela ungifonele"

Vodacom: 1400833231023#

MTN: 1210833231023#isikhungo

Cell C: 1110833231023#

Ulayini weZimo Eziphuthumayo kaZwelonke ku - 0800 222 777

Ulayini weZoluleko kweZomthetho ku - 0800 110 110

Thuthuzela Izikhungo Zokunakekela kungafinyelelwa kuzo lapha -

Edendale Hospital

Madadeni Hospital

Ngwelezana Hospital

Mahatma Gandhi Memorial Hospital

Port Shepstone Regional Hospital

Prince Mshiyeni Hospital

RK Khan Hospital

Stanger Provincial Hospital



UKUBHALWA KWENCWADI EFUNGELWE

Siyakuqonda ukuthi ukuya emaphoyiseni kuyisinyathelo esikhulu nesingelula

Kodwa kungayisindisa impilo yakho nabathandiweyo bakho.

Uyakucelwa ukuba ulethe incwadi efungelwe. Lokhu kakunzima - landela nje lezi zinyathelo ezilula ezilandelayo

Mina, (igama) _____, Umazisi (inombolo) _____, ngimemezela okulandelayo:

Ngichaza okwenzekile, isikhathi okwenzekayo ngaso, nokuthi ngubani othintekayo Nxa unokwesabela ngokwenzekayo kuwe, kusho lokhu.

Khuluma ngakho konke ocabanga ukuba amaphoyisa afanele ukukwazi.

Imininingwane ingaba miningi ngendlela othanda ngakhona.

KHUMBULA: Ungacela ukuba Iphoyisa (SAPS) likubhalele.

Nakanjani bayokukusiza ukubeka imicabango yakho ephepheni.

Ekugcineni uyakucelwa ukuba usayine igama lakho kanye nesibongo sakho.



**SITHATHA ISINYATHELO NAMHLANJE ESIYISENZO
SOKUPHEPHISA IKUSASA ELIVIKELEKILE LAWU WONKE UMUNTU**